

WELCOME

FROM YOUR NUTROPIN TEAM.



*growing*opportunity™

Nutropin®

[somatropin (rDNA origin) for injection]

Please see important safety information on back, and see the full Prescribing Information included in this folder for more important safety information.

Nutropin® [somatotropin (rDNA origin) for injection] **and Nutropin AQ®** [somatotropin (rDNA origin) injection] **are human growth hormone, available by prescription only.**

Doctors prescribe Nutropin for children and teenagers with growth failure who:

- Do not make enough growth hormone on their own
- Have chronic renal insufficiency—a slow loss of kidney function—and have not had a transplant
- Have Turner syndrome

- Are not likely to grow to their potential adult height, as determined by a doctor, and whose bones are still able to grow

Doctors prescribe Nutropin for adults who:

- Have growth hormone deficiency that started either in childhood or as an adult due to brain surgery, radiation therapy, trauma, or diseases of the pituitary gland or the hypothalamus.

Your doctor will test to see if growth hormone is right for you.



WHAT SHOULD I EXPECT WITH NUTROPIN?

Since you are receiving this Welcome Folder, you have already taken many steps: you talked to your doctor. You saw a specialist. You had tests done. And you and your doctor decided that growth hormone therapy (GHT) is right for your child or teen. Here is what you can expect next.

1. GETTING YOUR INSURANCE COMPANY ON BOARD

Insurance companies need information to process your child or teen's claim for coverage.

That's where Nutropin Access Solutions™ comes in. Every person with a Nutropin prescription is assigned a **Case Manager**. And part of his or her job is to coordinate with your doctor, your insurance company, your specialty pharmacy, and the rest of your team.

It may take several weeks or sometimes even longer to get everything worked out with your insurance company. There may be delays along the way (that's why it's important to fill out your PAN form *now*).

Please be patient. If your claim is delayed, or even denied at first, your doctor and Case Manager will keep working together to help you get the medicine you need and, if you qualify, help you get financial assistance.

If you have any questions or concerns along the way, just call the Nurse Hotline at **1-866-NUTROPIN** (1-866-688-7674).

And we have two Web sites that offer lots of useful information and updates about GH therapy, plus answers to frequently asked questions, videos, inspiration, and support. Visit: **Nutropin.com** and **NutropinAccessSolutions.com**

2. GETTING YOUR MEDICINE

Growth hormone is not available in regular drugstores. Your medicine will be shipped to you by a specialty pharmacy. They will call you first to get your permission and then send your Nutropin directly to your house. Nutropin needs to be stored in a certain way to keep its potency—be sure to follow the instructions in the prescribing information.

Along with your medicine, you should also receive a starter kit that includes important information and a video to help you understand your therapy. If your kit doesn't arrive, simply call **1-866-NUTROPIN** (1-866-688-7674) and we'll send you one. And in the meantime, you can visit **Nutropin.com** to print the downloadable version of the materials and watch the video online.

You'll learn how to inject Nutropin during a regular doctor's visit, or a certified nurse will come to your home. Either way, as part of your training, they will help you set up a daily routine for handling your injections.

When it comes to giving injections, it's natural to be nervous. But know that many parents just like you have learned to give their child injections and made it part of their everyday routine. Be sure to inject Nutropin at a different recommended place on the body each time. You may experience discomfort, soreness, or redness where Nutropin is injected. Contact your doctor immediately if you experience ongoing injection site discomfort.

Your Case Manager or a nurse is available to help you work through any concerns you may have. Call **1-866-NUTROPIN** (1-866-688-7674). Or visit **Nutropin.com** or **NutropinAccessSolutions.com** for information, updates, inspiration, and support.

3. STAYING ON TRACK AND MOVING AHEAD

It will take time before you see how Nutropin therapy works for you. But, in the meantime, you can be sure you're doing your best. That means keeping regular appointments with your doctor, tracking your progress, and making your child's injection part of every day, as your doctor directs.

In the meantime, let your doctor and Case Manager know if you have a change in insurance, so you can keep getting Nutropin without interruption.





And of course, if you have questions—if you and your child need support to stay motivated, if you have any issues with your medication or insurance—call 1-866-NUTROPIN (1-866-688-7674). Or visit Nutropin.com or NutropinAccessSolutions.com for the advice, GH news, and the support you need.

WHAT IF I'M CONCERNED ABOUT FINANCES?

If you're concerned about covering your co-pay, speak to your doctor about the Nutropin Debit Card Program. Nutropin Access Solutions can also help refer you to Co-pay Assistance with independent, nonprofit organizations.

If you don't have insurance or your health insurance plan has denied your Nutropin treatment, you can apply to the Genentech® Access to Care Foundation (GATCF) to request medicine free of charge. Go to NutropinAccessSolutions.com or call 1-866-NUTROPIN (1-866-688-7674) to find out more.

OTHER HELPFUL RESOURCES

-  **Human Growth Foundation** (www.hgfound.org) helps patients with disorders of growth and growth hormone through research, education, support, and advocacy.
-  **MAGIC Foundation** (www.magicfoundation.org) is a national nonprofit organization created to provide support services for the families of children afflicted with a wide variety of chronic and/or critical disorders, syndromes, and diseases that affect a child's growth.
-  **Lawson Wilkins Pediatric Endocrine Society** (www.lwpes.org) helps advance the care of children and adolescents with endocrine disorders.
-  **Pituitary Network Association** (www.pituitary.org) provides public awareness programs and educational seminars.

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Please see important safety information on back of folder, and see the full Prescribing Information included in this folder for more important safety information.

WHO IS MY NUTROPIN TEAM?

Your Nutropin Team includes all the people around you and your child who may help you get the medicine, answers, and solutions you need. You may never meet many members of your Nutropin team, but they are all working together to help make your Nutropin experience the best it can be. Here are some numbers and Web sites you should keep handy.

| MY NUTROPIN TEAM | |
|---|--|
| CASE MANAGER _____ (name) 1-866-NUTROPIN (1-866-688-7674) | DOCTOR'S OFFICE _____ (name) _____ (phone) |
| NURSE HOTLINE 1-866-NUTROPIN (1-866-688-7674) | SPECIALTY PHARMACY _____ (name) _____ (phone) |
| Nutropin.com NutropinAccessSolutions.com | |
|  [somatropin (rDNA origin) for injection] | |

Remove this magnet, enter your phone numbers, and keep it in a convenient place for easy reference.

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YOUR CASE MANAGER

1-866-NUTROPIN (1-866-688-7674)
Your personal contact on the Nutropin Team. Coordinates with everyone else, to help you as much as possible.

YOUR DOCTOR'S OFFICE

 (___) ___ - _____
Your primary source for GH treatment information and instruction.

THE NURSE HOTLINE

1-866-NUTROPIN (1-866-688-7674)
Call anytime to get answers to your questions.

YOUR SPECIALTY PHARMACY

 (___) ___ - _____
They make sure you get your medicine accurately and on time.

Nutropin.com

A great source for answers, education, inspiration, and support.

NutropinAccessSolutions.com

A Web site to help you understand the insurance process and guide you more specifically through what to expect.

WHO IS NUTROPIN FOR?

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Your doctor will test to see if growth hormone is right for you.

IMPORTANT SAFETY INFORMATION

Nutropin and your safety:

Please read this **important** safety information carefully. Then, if you have any questions, talk with your doctor.

Nutropin is NOT for:

- Children and teenagers whose bones have finished growing
- Patients who have certain types of eye disease caused by diabetes
- Patients who have active cancer or any brain tumors
- Patients who are critically ill after open heart surgery or abdominal (stomach) surgery, are severely hurt, or have severe breathing problems
- Children and teenagers who have Prader-Willi syndrome and are very overweight or have trouble breathing

If any of these apply, talk to your doctor before you start taking Nutropin.

If you are about to start taking Nutropin, or are already taking it, be sure to tell the doctor who prescribed it:

- About ALL of the medications you are taking, including supplements
- If you have or develop a brain tumor
- If you are given any new medication, especially glucocorticoid steroids like hydrocortisone or prednisone
- If you are pregnant or if you become pregnant
- About ANY other condition or illness you have or develop

What are the possible side effects of Nutropin?

You may experience discomfort, soreness, or redness where Nutropin is injected.

Contact your doctor immediately if you experience:

- Ongoing injection site discomfort
- Curvature of the spine (scoliosis)
- Joint pain
- Puffy hands and/or feet (caused by fluid retention)
- Changes in vision, a bad headache, or nausea with or without vomiting
- Hip or knee pain
- A need to limp when you walk
- Pain in wrist (carpal tunnel)
- Allergic reaction

Be sure to inject Nutropin at a different recommended place on your body each time. Your doctor or nurse should supervise the first injection and provide training and instruction.

Your doctor is your primary source of information about your treatment.

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Nutropin.com
NutropinAccessSolutions.com

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Genentech, Inc., 1 DNA Way, South San Francisco, CA 94080

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